You can make a profound difference — if you believe in achieving equal rights for all Americans. President Bill Clinton has made it clear this nation must end the military policy of discriminating against gay and lesbian service people who want to serve their country. The policy is unjust, wasteful and plain wrong.

President Clinton naturally cannot do it alone. He must win allies on Capitol Hill, within the defense community, and throughout the nation. We must educate and convince everyone. As Congressional hearings unfold and the public debate intensifies, each of our voices must be raised. You can and must express your convictions. You will be heard. Now is that time.

How can you help? Here are ten simple, straightforward ideas that will get you started. Use them today, and share them with your friends, your family and coworkers. Feel free to copy these ideas and to come up with your own.

Together, we can make a difference.

**U.S. Senate** (Party-State)
- Daniel Akaka (D-HI)
- Max Baucus (D-MT)
- Robert F. Bennett (R-UT)
- Joseph I. Biden, Jr. (D-DE)
- Jeff Bingaman (D-NM)
- Christopher J. Bond (R-MO)
- David L. Boren (D-OK)
- Barbara Boxer (D-CA)
- Bill Bradley (D-NJ)
- Carol Moseley Braun (D-IL)
- John B. Breaux (D-LA)
- Frank R. Lautenberg (D-NJ)
- Richard H. Bryan (D-NV)
- Dole Boren (D-AK)
- Conrad Burns (R-MT)
- Robert C. Byrd (D-WV)
- Ben Nighthorse Campbell (D-CO)
- John H. Chafee (R-RI)
- Daschle (D-SD)
- Thad Cochran (R-MS)
- William S. Cohen (R-ME)
- Kent Conrad (D-ND)
- Paul Coverdell (R-GA)
- Larry E. Craig (R-ID)
- Alfonse M. D'Amato (R-NY)
- John C. Danforth (R-MO)
- Thomas A. Daschle (D-SD)
- Dennis DeConcini (D-AZ)
- Christopher J. Dodd (D-CT)
- Robert Dole (R-KS)
- Pete V. Domenici (R-NM)
- Byron L. Dorgan (D-ND)
- Dave Durenberger (R-MN)
- J. James Exon (D-NE)
- Lautch Fordham (R-NC)
- Russell D. Feingold (D-WI)
- Darrell Feinstein (D-CA)
- Wendell Ford (D-KY)
- John H. Glenn (D-OH)
- Blanche Lincoln (D-AR)
- Bob Graham (D-FL)
- Phil Gramm (R-TX)
- Charles E. Grassley (R-IA)
- Judd Gregg (R-NH)
- Tom Harkin (D-IA)
- Orrin G. Hatch (R-UT)
- Mark O. Hatfield (R-OR)
- Howell H. Heflin (D-AL)
- Jesse Helms (R-NC)
- Ernest F. Hollings (D-SC)
- Daniel K. Inouye (D-HI)
- James M. Jeffords (R-VT)
- J. Bennett Johnston (D-NC)
- Nancy Kassebaum (R-KS)
- Craig Kuhl (R-NJ)
- Edward M. Kennedy (D-MA)
- Bob Kerrey (D-NE)
- John F. Kerry (D-MA)
- Herb Kohl (D-WI)
- Bob Knauss (R-TX)
- Frank R. Launtern (D-NY)
- Patrick J. Leahy (D-VT)
- Carl M. Levin (D-MI)
- Joseph Lieberman (D-CT)
- Trent Lott (R-MS)
- Richard G. Lugar (R-IN)
- Connie Mack (R-FL)
- Halutschen (R-NC)
- John McCain (R-AZ)
- Mitch McConnell (R-KY)
- Howard E. Metzenbaum (D-OH)
- Barbara A. Mikulski (D-MD)
- George J. Mitchell (D-ME)
- Daniel P. Moynihan (D-NY)
- Frank H. Murkowski (R-AK)
- Patty Murray (D-WA)
- Don Nickles (R-AK)
- Sam Nunn (D-GA)
- Bob Packwood (R-OR)
- Carl Levin (D-MI)
- Larry Pressler (R-SD)
- David Pryor (D-AR)
- Harry Reid (D-NV)
- Donald W. Reynolds (R-DK)
- Charles B. Robb (D-VA)
- John D. Rockefeller (D-WV)
- William V. Roth, Jr. (R-DE)
- Charles S. Robb (D-VA)
- James M. Sasser (D-TN)
- Richard C. Shelby (R-AL)
- Paul Simon (D-IL)
- Alan K. Simpson (R-WY)
- Robert C. Smith (R-NH)
- Arlen Specter (R-PA)
- Ted Stevens (R-AK)
- Strom Thurmond (R-SC)
- Malcolm Wallop (R-WY)
- John W. Warner (R-VA)
- Paul Wellstone (D-MN)
- Harris Wofford (D-PA)

Note: To identify your own representative, feel free to ask your Senator's office or the U.S. Capitol switchboard at 202-224-3121.

**OPERATION LIFT THE BAN**
**HUMAN RIGHTS CAMPAIGN FUND**

**Operation Lift the Ban.** Authorized by the Human Rights Campaign Fund, in cooperation with the Campaign for Military Service, Washington, D.C. The Human Rights Campaign Fund is the nation's largest gay and lesbian political organization. Its mission is to extend the power of lesbian and gay Americans on national politics and legislation. For more information, phone 202/452-3460.

**Sponsored by:**
- Tracks &amp; Trumpeats
- JR's &amp; Club Zee
- Badlands &amp; Annie's Paramount Steak House

Graphic design provided by Glenn A. Hennessy.
1. Write and call your senators and representatives. We have an obligation to tell our elected representatives how we feel, and to rebut the orchestrated attacks from our opponents. Members of Congress do pay attention to their mail and phone calls. The best way to get your views known is a brief, personal letter in your own words.

You may wish to identify yourself as gay or lesbian. Just as important, you should feel free to personalize your comments and to identify your professional background as a business owner, military veteran, lawyer, salesperson, engineer or perhaps another perspective. We come from all walks of life.

Here’s a brief example, but remember in your own words:

“The Honorable [Senator’s or Representative’s name]
Washington, D.C. 20510 (Senator) or 20515 (House of Representatives)

Dear Senator or Congressman:

I strongly agree with President Clinton’s plan to lift the ban against gays and lesbians serving in the armed forces. I urge you to support his decision and to end this unfair and misguided policy. I hope you will keep me informed of your views on this matter.

Sincerely,”

To call your Senator or Congressman, and to have your views recorded, feel free to call the Capitol switchboard at 202/224-3121 (Senate) or 202/225-3121 (House of Representatives). The operator will connect you with the appropriate office.

2. Come out, or encourage your friends to come out. The truth is the most powerful weapon against the lies of the homophobic extremists who want to keep gays and lesbians in the closet. The visibility of gays and lesbians performs a positive, courageous rebuttal to the distortions, misperceptions and ignorance of others. Your personal testimony or that of your friends and loved ones can be an important way to reach others.

3. Thank President Clinton. It’s always smart to show appreciation for strong leadership, and to let President Bill Clinton know he can count on us. Say thanks, and urge him to press forward by writing “President Bill Clinton, The White House, Washington, D.C. 20500.” You may also call the White House Comment Line at 202/456-1111 from Monday through Friday, 9 am to 5 pm EST and fax 202/456-2461.

4. Write or call Senator Sam Nunn. Senator Nunn of Georgia chairs the Senate Armed Services Committee. Although he has expressed opposition to lifting the ban, he has promised balanced Senate hearings on the subject this spring. He needs to hear from responsible opponents of the ban. Call his office at 202/224-3521 and fax 202/224-0072 and write at Room 303, Senate Dirksen Building, Washington, D.C. 20510.

5. Write to your newspaper. Almost everyone reads letters to the editor. That includes your neighbors, as well as editorial writers and Members of Congress. Put your views succinctly and thoughtfully on paper, and mail them to your newspaper. And keep doing so.

6. Call local television stations and radio talk shows. Public affairs broadcasters and radio talk show hosts need public dialogue and invite controversial points of view. They clearly influence the outcome of legislation and important national decisions. You need to make your voice heard on the airwaves in your community and within your state. Look up the numbers and pick up the phone often to get your point across.

7. Call the Pentagon. Weigh in with the Defense Department and the Joint Chiefs of Staff. Let them know you support lifting the ban by calling Pentagon Public Affairs at 703/697-5737 and fax 703/697-1149.

8. Ask local groups to take a stand. When you attend a club meeting, a sports league, a progressive church organization or a civic association, invite the leadership and members to join you in taking a stand. Perhaps it will take a newsletter article or letter, or drafting a simple resolution for adoption. If they will join you in opposing discrimination, make sure their decision is known to your elected representatives, too.

9. Attend Congressional district meetings and Open Forums. Frequently, a Senator or Member of Congress will return home to meet with voters, to hold Q&A sessions and town meetings or to invite appointments with constituents. Find out where the meetings will be held and make sure you participate. Bring friends and supporters, too. Be visible.

10. Join Speak Out. Timing matters. HRCP’s Speak Out constituent mail program sends overnight letters to Members of Congress. Join Speak Out and rest assured that your opinion will be heard immediately when important issues come up for a vote on Capitol Hill. Speak Out messages advocate for an end to the ban, passage of the Lesbian and Gay Civil Rights Bill, funding for AIDS and women’s health research, and reproductive freedom. For more information call 1-800-777-HRCP (4723).

Make a difference. Take a stand.

To receive more information about HRCP, please complete this coupon and send it to the address below. If you enclose a contribution of $15 or more, you will become an HRCP member, and receive a subscription to Momentum, HRCP’s newsletter.

Name
Street address
City State Zip
Telephone
I’m enclosing $ ___.
Make check or money order payable to HRCP.

HRCP: Operation Lift the Ban
PO Box 1723, Washington, DC 20077-4392.